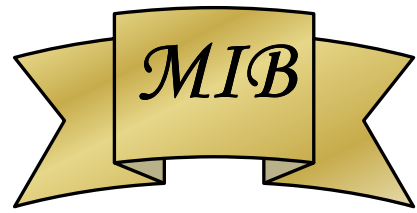


Applying the MIB Concept

1. Make a list of all the books which application you think can significantly improve your life. Do not limit yourself in this step. Just list whatever books that come into your mind.
2. From the list that you have made, choose at most three books which can make the most significant difference to your *current* needs.
3. Have these books handy. Put them in a place where you can easily reach and read them.
4. Every now and then, when you have spare time, grab one book and read the important parts in it. It will help you a lot if you have highlighted the book before. That way you can just read your highlights, and only read the details if you think they are necessary.
5. Whenever you read a part of the book, think about *how to apply it* to your life. Think of some concrete actions you can take. If you want to, you can put them into your to-do list.
6. Do the same thing with the other (at most) two books which are also your MIBs.
7. Keep a book as MIB until:
 - You are satisfied with your progress in applying the principles in the book, or
 - The book is no longer relevant to your current need.
8. When you remove a book from your MIBs, you can choose another book by going back to step 1.

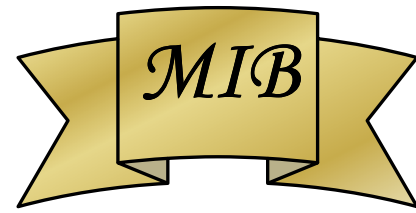
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Applying the MIB Concept

9. Make a list of all the books which application you think can significantly improve your life. Do not limit yourself in this step. Just list whatever books that come into your mind.
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14. Do the same thing with the other (at most) two books which are also your MIBs.
15. Keep a book as MIB until:
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16. When you remove a book from your MIBs, you can choose another book by going back to step 1.

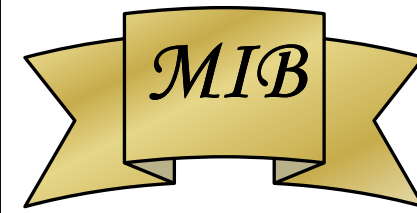
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Applying the MIB Concept

17. Make a list of all the books which application you think can significantly improve your life. Do not limit yourself in this step. Just list whatever books that come into your mind.
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22. Do the same thing with the other (at most) two books which are also your MIBs.
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24. When you remove a book from your MIBs, you can choose another book by going back to step 1.

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Applying the MIB Concept

25. Make a list of all the books which application you think can significantly improve your life. Do not limit yourself in this step. Just list whatever books that come into your mind.
26. From the list that you have made, choose at most three books which can make the most significant difference to your *current* needs.
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